



College Readiness and Advising



FRCS places strong emphasis on academic readiness and planning for college. In grades nine-twelve, one class period per week is devoted to these topics.

- In ninth and tenth grades, students participate in Achievement Teams. These small groups of students discuss a variety of topics throughout the year including transcripts and grade point averages, college fairs, standardized testing, career interests, study skills and test taking strategies. Students also spend time team building to help create positive relationships for the remainder of high school.
- Junior advising class provides the opportunity to explore college and career options in more detail. In term one, students complete a series of career exploration assessments. In term two, emphasis is placed on understanding the types of colleges, investigating and visiting colleges, the application process, and finalizing a list of colleges to which to apply. All juniors complete the Common Application as a final project. Juniors also discuss standardized tests, financial aid, interviewing, and other topics related to applying to and making a decision about colleges. Guest staff speakers are invited during term two and three to explain their own educational and professional development.
- Senior advising class focuses on finalizing college applications during term one and into term two. The focus is typically on college essays and resumes, timelines, and prioritizing applications. Seniors also discuss the stress involved in applying, for themselves as well their families, and are provided information and resources to help with family conversations about the transition to college. Early in term two, seniors begin a series of classes on financial aid and scholarships. Recent graduates are also invited to talk about what their experience in becoming college student. Considering options and making a final commitment to a college is a central topic for terms two and three. This includes discussions about understanding and comparing financial aid packages as well as college budgeting. As the year ends, topics related to transition from high school to college are discussed.

Additional information about all of these classes is attached. Questions can be directed to either Mr. Elsner, High School Guidance Counselor, or Mrs. Droste, Student Life Coordinator.

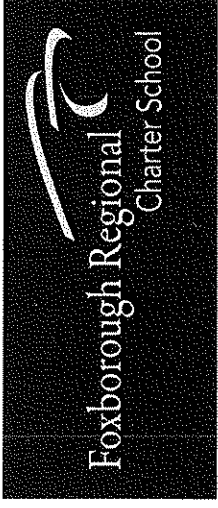
Achievement Teams Weekly Topics

Month	Week #	Content
September	1	Intro (rules, expectations, confidentiality)
	2	Team Building (team name, ice breakers, survey)
	3	Team Building
	4	Review Calendar/Topics for year
October	1	Term 1 Individual/Team Academic Goals
	2	Learning Styles survey and ADD
	3	Test Anxiety
	4	College standardized testing (PLAN)
November	1	Study Skills
	2	Term 1 Grade Prediction
	3	<i>Finals Preparation</i>
	4	THANKSGIVING VACATION
December	1	Note Taking
	2	Stress Management
	3	Term 1 Grade Review - Term 2 Individual/Team Goals
	4	Team Holiday Activity –Advisor TBD
January	1	School Resources
	2	Organizational skills
	3	Test taking strategies
	4	Term 2 Grade Prediction
February	1	Transcript/GPA Review
	2	Graduation Requirements
	3	WINTER VACATION
	4	Better Business Bureau – guest speaker

March	1	Time Management
	2	<i>Finals Preparation</i>
	3	Summer plans
	4	Term 2 Grade Review - Term 3 Individual/Team Goals
April	1	High School Course Planning/Catalog Review
	2	College Fair - Preview
	3	SPRING VACATION
	4	College Fair - Experience
May	1	College Career Portfolio
	2	College Career Portfolio
	3	Term 3 and Final Prediction
	4	Memory Tips
June	1	Summer Safety/Healthy Choices
	2	Individual Achievement Team celebration/Exit Survey
	3	Achievement Team Jamboree

11TH GRADE ADVISING CLASS SYLLABUS

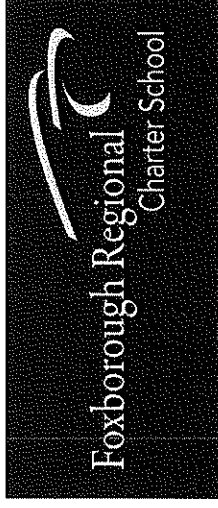
Mrs. Jamie Droste jdroste@foxboroughfrcs.org
 Mr. David Elsner delsner@foxboroughfrcs.org



CLASS #	TITLE	DESCRIPTION
1	<i>Introduction Transcript Review</i>	<i>Purpose, Goals of the Class, Syllabus Review Reviewing 9th and 10th Grade</i>
2	<i>GPA</i>	<i>GPA calculations, conversions, and relation to college admissions</i>
3	<i>College Handbook</i>	<i>Junior Calendar, PSAT Test Review</i>
4	<i>College Types</i>	<i>Review Variety of Colleges and explore personal preferences for college characteristics</i>
5	<i>College Visit</i>	<i>Trip to local college for tour</i>
6	<i>College Admissions</i>	<i>Admissions Process and Timeline, FRCS college application procedure</i>
7	<i>Career Skills</i>	<i>**Common Application Assignment – Part I Kuder.com Career Skills Survey</i>
8	<i>Career Interests</i>	<i>Kuder.com Career Interest Survey</i>
9	<i>Career Values</i>	<i>Kuder.com Career Values Survey</i>
10	<i>**Common Application Part #1</i>	<i>Peer Review of Common Application</i>
11	<i>College Search</i>	<i>Researching Colleges - How to Start</i>
12	<i>College List</i>	<i>Factors in Developing a College List</i>

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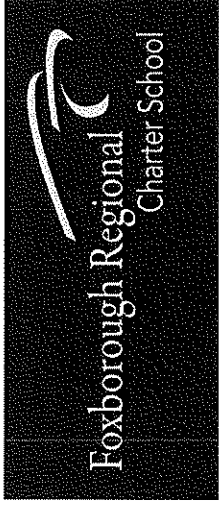
DESCRIPTION


CLASS # TITLE

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13	College Testing	Review of Tests, Registration, and Timeline
14	College Testing	Test Strategies
15	Essay Writing	Basic Elements of Essay, Timed Essays Descriptive Personal Essay
16	Essay Writing	** <u>Common Application Assignment – Part II</u> College Application Essay
17	** <u>Common Application Part #2</u>	Peer Review Common Application Essays
18	College Visits - In Person Summer Programs	How to Visit a College ; Samples of Summer programs
19	College Visits - On-line/ Virtual	Visit Without "Going"
20	Common Application	** <u>Final Assignment - Explain and Review in Detail</u>
21	College Fair	Plan for College Fair
22	College Fair	Post College Fair Discussion
23	College Resume	Presenting Yourself on Paper

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CLASS #	TITLE	DESCRIPTION
24	College Interview	Mock Interviews
25	College Day Interview - Sharing	Students Review and Share Interview Experiences with FRCS staff
26	Final College Lists or other education plans for post graduation	Students Present and Explain what their top priorities are and why they are a good "FIT"
27	Mock Admission Committee	Student form mock committees and make admissions recommendations
28	Financial Aid Basics	Overview of Financial Aid
29	College Budget	College Costs, loans, and budgets
30	**Common Application- Final	Peer Review of completed Common Application package
31	Transcript Review	Review for college applications senior year
32	Last Class Celebration	
	Supplemental Materials	Athletic Resume, Art Portfolio



Mrs. Jamie Droste jdroste@foxboroughrcs.org

Senior Advising Syllabus

Mr. David Eisner deisner@foxboroughrcs.org

<u>Class #</u>	<u>Title</u>	<u>Description</u>	<u>Assignment</u>
1	Introduction	Purpose/Goals of class Syllabus Review	Advising agreement
2	Transcript and GPA	Individual GPA calc and transcript review	Grad Req. Checklist
3	College Handbook	Review Sr. Calendar Review H.S. Organizer	Update High School Organizer
4	College Applications	FRCS application process	College Application Deadline form
5	Family College Reflection	Consider family experiences and expectations with college	Preliminary college list
6	College Comparison Connectedu.net	Who Needs Harvard and Reach/Target/Safety Review Connectedu.net accounts	College Comparison Worksheet
7	Stress Check-in	High stress for kids/parents/siblings Dealing with rejection (letters)	Letters to 1st Grade Updated Connectedu.net profile with college list
8	College Applications	Work on applications and update college deadline form	
9	College Applications	Work on applications	Draft Application with essays complete

<u>Class #</u>	<u>Title</u>	<u>Description</u>	<u>Assignment</u>
10	Financial Aid	Overview of basic financial aid and MEFA	Financial Aid Quiz
11	Financial Aid	FAFSA, EFC, CSS	Complete FAFSA and EFC worksheet with parent's signature
12	Financial Aid	Scholarships Estimating College Costs (CoA)	
13	Senior Portfolio	Review portfolio requirements Review graduation requirements	
14	Scholarship Strategies	Review Scholarship strategies Time for completing scholarships	Complete one scholarship application
15	Freshmen Year	Advice from recent graduates	
16	Plan A/Plan B	Sorting priorities and allowing for options	Complete Plan A/Plan B worksheet First Grade Letter
17	Stress, Financial Aid (SAR), and College Loans	Stress Check-in Previewing the SAR Understanding College Loan Options	Family SAR worksheet
18	College Decision Making	What's important to YOU	Wheel of Life worksheet
19	College Decision Making	Setting Priorities College Readiness self-evaluation	College Criteria Worksheet Rubric for College Success

<u>Class #</u>	<u>Title</u>	<u>Description</u>	<u>Assignment</u>
20	Financial Aid - SAR College Loans	Understanding your SAR Understanding loans	College loan worksheet
21	Personal Vision Grade and Graduation Req. Check	In class work on personal vision	1st draft
22	Financial Aid Award Letters Graduation Planning	Understanding your award letters	
23	Transitions	Reflections on the changes from senior to Freshmen for you and your family <u>Summer planning</u>	Personal reflection
24	Taking care of yourself on campus	Health care, wellness, support services, making choices, social awareness, mental health	
25	Graduation Planning/Senior Week Grade Check	Q&A	Final Acceptance and scholarships form
26	"Note to Self"	Considering who you want to be next year at this time	Personal letter to yourself
27	Budgets and debt	Personal budget/credit cards/debt	Final Transcript Release Form
28	Who helped you get to graduation	Thank you letters to mentors, family, teachers, etc.	Senior Portfolio Due
29	Alumni - What I wish I knew	Celebration with alumni guests	