



MCAS TIPS for Parents

Supporting Your Child Throughout the Year

- *Make sure your child gets enough sleep, eats properly, and gets to school on time. Regular attendance is one predictor of academic success.
- *Encourage your child to read. Parents and siblings can share good books and discuss main characters to reinforce positive reading habits.
- *Record important dates on your home calendar and in your child's agenda book that include testing dates.
- *Set times each day for study and homework.
- *Provide your child with a quiet, well-lit, comfortable space to study which includes supplies like paper, pens, pencils, calculators, rulers, a dictionary and a thesaurus.
- *Check your child's homework.

Preparing for Test Day

- *Make sure that your child is well rested and eats a protein rich, healthy breakfast.
- *See that your child arrives at school on time.
- *Comfort counts. Send a sweater if it is a cool day. Dress in layers for a warm day.
- *Encourage your child to do the best work possible and to have a positive attitude.
- *Encourage your child to listen/read carefully to all test directions and to ask questions if any are unclear.
- *Encourage your child to check answers if time permits.
- *Your child should bring a book to read in case she or he finishes early.

*****Parent's PLACE, www.pplace.org***

